

Early Childhood Learning Network on-line trainings are available for all early childhood professionals working with infants and toddlers

Attachment Vitamins

Attachment Vitamins is an eight module on-line training that provides participants with a solid foundation in early childhood mental health. The course uses a developmental psychopathology framework that describes the interplay of risk and protective factors in the child, the parent-child relationship, and the family environment in affecting the child's developmental trajectory. The content includes developmental milestones, temperamental styles, individual differences in quality of attachment, and normative fears from infancy through the preschool years. The course also describes mental health concerns in early childhood, provides a framework for assessing the possible causes of emotional disturbances and challenging behaviors, and outlines approaches to support or restore the child's healthy social and emotional development. Professional development issues, including self-care, reflective practice, supervision, and cultural considerations specific to the state of New Mexico are also covered



Child Development: Discovery, Unfoldment and Variations

This online training covers general information about typical child development, taking into consideration that all domains of development are interrelated. It also familiarizes participants with a range of conditions and disabilities that impact child development.



The Courses are accessible at:

[UNM ECLN Moodle](#)

