# CHILD AND ADULT CARE FOOD PROGRAM
# CENTER NUTRITION EDUCATION DOCUMENTATION

Sponsoring Organization: _____ Agreement # : _____
Center Name (if different from above): _____ # of Centers: _____
Name of Person Conducting Activity: _____ Person's Title _____

Remember that nutrition education must ***always*** include education ***about food and/or nutrients***. It can also include games, discussion groups, taste testing, physical activity, etc. Each activity should be appropriate for the age and development of the participants in your center.

Name of Activity: _____ Date: _____
Learning Outcome (s): *Participants will be able to* _____
_____ *after this activity.*

Describe the activity: _____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____

What did the participants like best? _____
_____
_____
_____
_____

**Creditable foods used for activity:**
(Fluid Milk, Meat/Meat Alternate, Fruit/ Vegetable, Grain/Bread)
_____
_____
_____

**NUTRITION EDUCATION INCLUDED:**
(check all that apply)

____ Activity or Game
____ Art, Literature or Music
____ Celebration
____ Contest
____ Cooking
____ Food Safety
____ Hands On
____ Health / Fitness
____ Internet Activity
____ Make Healthier Choices
____ MyPlate
____ Science / Nature
____ Take-Home Education Info
____ Taste Testing
____ Try New Food
____ Other: _____

## REQUIREMENTS:

√ Each center must have a nutrition education activity, in at least one classroom, once a month.

√ All activities must be documented on this form, and kept in the center files for State Agency Reviewers.

## OPTIONAL:

√ For recognition of **exceptional** activities, mail or fax a copy of the Nutrition Education Documentation form to:
Family Nutrition Bureau
Attn: Nutritionist
3401 Pan American Freeway NE
Albuquerque, NM 87107

(505) 841-4856 (Phone) (505) 841-4858 (Fax)

*Revised 12/19/2017*