

NEW MEXICO

Child and Adult Care Food Program

Creditable/Non-Creditable Foods



Foods served, as part of the CACFP program, can be creditable or non-creditable. Some non-creditable foods may be served as an “extra or enhancement” to the CACFP meal.

□ **Creditable**

- 1) Foods that meet the requirements for CACFP meal pattern components.
- 2) Foods that are found in the USDA Food Buying Guide, Sections 1-4.
- 3) Creditable food categories include: Fluid Milk; Grains/Breads that are whole-grain, Whole-grain rich, or enriched; Fruits; Vegetables; and, Meat/Meat Alternates.

□ **Non-Creditable**

Some foods are classified as “Other” or “Non-Creditable”. This means that they do NOT meet the USDA requirement for any component for food-based menu planning.

- 1) “Other” foods are frequently used as condiments, seasonings, or enhancement to the meal. They are served and recorded as an “extra”.
- 2) Purchasing information on “Other” foods can be found in Section 5 of the USDA Food Buying Guide.
- 3) Keep in mind that many of these food items are high in salt, fat, or sugar and provide little nutrition and “empty calories.” Consider carefully how often and in what amount you use them. Some examples are: butter, mayonnaise, barbecue sauce, coconut, cream cheese, jam, jelly or preserves, honey, ketchup, salad dressings, and syrups.

□ **Non-Reimbursable Expenses**

This category of foods is non-reimbursable. These are foods that may **NOT** be served, even as an “extra”. If these items are purchased, their cost **will not** be considered an allowable food cost.

Revised April, 2017

Non-Creditable Food List:

These foods may not be served to meet any part of the CACFP meal pattern requirement.

| MEAT/MEAT ALTERNATES | | | |
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| CHEESES -Cheese "product" -Imitation cheese of any kind -Powdered cheese -Cream cheese | MEATS/FISH -Bacon -Chorizo/Ceviche -Luncheon Meats/Frankfurters (chicken, turkey, beef, pork) not in USDA Food Buying Guide, or without CN label, or which contain byproducts, cereals, binders or extenders --Pepperoni/Salami without CN label -Smoked snack sticks w/ beef & chicken -Beef/Turkey/Salmon Jerky -Pork Rinds -Bologna containing byproducts, cereals, or extenders -Wild meats (if not USDA inspected) | YOGURT or YOGURT PRODUCTS -Homemade Yogurt -Yogurt covered fruit/nuts -Frozen Yogurt Products -Yogurt with more than 23 grams of sugar per 6 ounce | EGGS -Pasteurized, dried, refrigerated or frozen, egg products that are not made from <u>whole</u> eggs NUTS and SEEDS -Acorns -Chestnuts -Coconut -Sweet nut butter spreads (Nutella) |
| VEGETABLES / FRUITS | | | |
| FRUITS -Fruit jams, preserves, & jellies -Fruit cobbler, pie filling, or pie -Fruit flavored frozen bars or Popsicles -Fruit Flavored Gummy Snacks -Fruit flavored or plain gelatin | - Fruit leather or roll-ups - Fruit syrups - Popsicles (fruit flavored yogurt or pudding pops) | JUICES -Any fruit beverage that is not 100% fruit juice such as: Lemonade, orangeade, fruit drinks, or beverages, cocktails, nectars, powdered drinks, sport drinks, energy drinks or vitamin drinks. | VEGETABLES -Hominy -Posole corn |
| GRAINS | | | |
| -Brownies, cookies, cakes, coffee cake, granola or fruit bars, cereal bars, breakfast bars -Sweet pie crust, fruit turnovers, doughnuts, sweet rolls, toaster pastries, sweet crackers (graham, animal) -Breakfast cereals with more than 6 grams of sugar per dry ounce | | | |
| MILK | | | |
| The only item that is creditable toward the milk component is fluid, pasteurized milk. Evaporated or non-fat dry (powdered) milk, sour cream, cream cheese, eggnog, or cream are <u>not</u> creditable as milk, but may be used as "other" foods. Children age one must be served unflavored whole milk. Children 2-5 years must be served unflavored low-fat (1%) or non-fat (skim) milk. Children 6 years and older or adults may be served either unflavored non-fat (skim) or low-fat (1%), or, flavored non-fat (skim) milk. For adults, yogurt may substitute for milk once per day if yogurt is not served as a Meat/Meat alternate in the same meal. | | | |
| OTHER FOODS (USDA Food Buying Guide-Section 5) | | | |
| Food items in this category may <u>not</u> be used toward the meal pattern requirements. | | | |
| SNACK ITEMS | | | |
| Corn nuts, popcorn, potato chips, pudding (canned or packaged), candy, coffee, gum, soda, and tea may <u>not</u> be used toward the meal pattern requirements. | | | |



Non-Reimbursable Food List:

If these items are purchased, their cost will not be considered an allowable food cost.

| SNACK ITEMS | | | | |
|----------------------------------------------------------------|----------|-----|------|-----|
| Potato Chips | Popcorn* | | | |
| *Note: Some of these items may pose a choking risk to children | | | | |
| MEAT/MEAT ALTERNATES | | | | |
| Wild Game Meats (not USDA inspected) | | | | |
| OTHER | | | | |
| Candy | Coffee | Gum | Soda | Tea |

Note: This list is designed to be used with the USDA Food Buying Guide for Child Nutrition Programs to determine the creditability of foods. It **DOES NOT** include every food that is non-creditable or non-reimbursable in the NM CACFP.

