

## NM CACFP HOMES WEEKLY INFANT FOOD RECORD

HOME PROVIDER NAME	EPICS #	SPONSOR				MONITOR									
	Date:				Date:				Date:						
	FOOD ITEM USED	✓ foods 0-5 m	# served	✓ foods 6-11 m	# served	FOOD ITEM USED	✓ foods 0-5 m	# served	✓ foods 6-11 m	# served	FOOD ITEM USED	✓ foods 0-5 m	# served	✓ foods 6-11 m	# served
<b>BREAKFAST</b> Infant formula <sup>1</sup> <b>and/or</b> Breast Milk <sup>2-3</sup>															
1.					1.					1.					
Meat/Meat Alternate, <sup>4, 6</sup> <b>and/or</b> Infant Cereal (iron fortified) <sup>1</sup>															
2.					2.					2.					
Fruit <b>and/or</b> vegetable (no juice)															
3.					3.					3.					
<b>A.M. SNACK (supplement)</b> Infant formula <sup>1</sup> <b>and/or</b> Breast Milk <sup>2-3</sup>															
1.					1.					1.					
Infant Cereal <sup>1</sup> <b>and/or</b> bread, or crackers, or ready-to-eat cereal <sup>1, 4, 7</sup>															
2.					2.					2.					
Fruit <b>and/or</b> vegetable (no juice)															
3.					3.					3.					
<b>LUNCH</b> Infant formula <sup>1</sup> <b>and/or</b> Breast Milk <sup>2-3</sup>															
1.					1.					1.					
Meat/Meat Alternate, <sup>4, 6</sup> <b>and/or</b> Infant Cereal <sup>1</sup>															
2.					2.					2.					
Fruit <b>and/or</b> vegetable (no juice)															
3.					3.					3.					
<b>P.M. SNACK (supplement)</b> Infant formula <sup>1</sup> <b>and/or</b> Breast Milk <sup>2-3</sup>															
1.					1.					1.					
Infant Cereal <sup>1</sup> <b>and/or</b> bread, or crackers, or ready-to-eat cereal <sup>1, 4, 7</sup>															
2.					2.					2.					
Fruit <b>and/or</b> vegetable (no juice)															
3.					3.					3.					
<b>SUPPER</b> Infant formula <sup>1</sup> <b>and/or</b> Breast Milk <sup>2-3</sup>															
1.					1.					1.					
Meat/Meat Alternate, <sup>4, 6</sup> <b>and/or</b> Infant Cereal <sup>1</sup>															
2.					2.					2.					
Fruit <b>and/or</b> vegetable (no juice)															
3.					3.					3.					
<b>LATE P.M. SNACK (supplement)</b> Infant formula <sup>1</sup> <b>and/or</b> Breast Milk <sup>2-3</sup>															
1.					1.					1.					
Infant Cereal <sup>1</sup> <b>and/or</b> bread, or crackers, or ready-to-eat cereal <sup>1, 4, 7</sup>															
2.					2.					2.					
Fruit <b>and/or</b> vegetable (no juice)															
3.					3.					3.					

# NM CACFP HOMES WEEKLY INFANT FOOD RECORD – page 2

	Date:				Date:					
	FOOD ITEM USED	✓ foods 0-5 m	# served	✓ foods 6-11 m	# served	FOOD ITEM USED	✓ foods 0-5 m	# served	✓ foods 6-11m	# served
<b>BREAKFAST</b> Infant formula <sup>1</sup> and/or Breast Milk <sup>2-3</sup>					1.					
Meat/Meat Alternate <sup>4, 6</sup> and/or Infant Cereal <sup>1</sup>					2.					
Fruit and/or vegetable (no juice)					3.					
<b>A.M. SNACK (supplement)</b> Infant formula <sup>1</sup> and/or Breast Milk <sup>2-3</sup>					1.					
Infant Cereal <sup>1</sup> and/or bread, or crackers, or ready-to-eat cereal <sup>1, 4, 7</sup>					2.					
Fruit and/or vegetable (no juice)					3.					
<b>LUNCH</b> Infant formula <sup>1</sup> and/or Breast Milk <sup>2-3</sup>					1.					
Meat/Meat Alternate <sup>4, 6</sup> and/or Infant Cereal <sup>1</sup>					2.					
Fruit and/or vegetable (no juice)					3.					
<b>P.M. SNACK (supplement)</b> Infant formula <sup>1</sup> and/or Breast Milk <sup>2-3</sup>					1.					
Infant Cereal <sup>1</sup> and/or bread, or crackers, or ready-to-eat cereal <sup>1, 4, 7</sup>					2.					
Fruit and/or vegetable (no juice)					3.					
<b>SUPPER</b> Infant formula <sup>1</sup> and/or Breast Milk <sup>2-3</sup>					1.					
Meat/Meat Alternate <sup>4, 6</sup> and/or Infant Cereal <sup>1</sup>					2.					
Fruit and/or vegetable (no juice)					3.					
<b>LATE P.M. SNACK (supplement)</b> Infant formula <sup>1</sup> and/or Breast Milk <sup>2-3</sup>					1.					
Infant Cereal <sup>1</sup> and/or bread, or crackers, or ready-to-eat cereal <sup>1, 4, 7</sup>					2.					
Fruit and/or vegetable (no juice)					3.					

MEAL PATTERN REQUIREMENTS FOR INFANTS (Birth – 11 months)	Birth – 5 months	6 – 11 months
<b>BREAKFAST</b> Infant formula (iron fortified) <sup>1</sup> or Breast Milk <sup>2-3</sup>	4-6 fl. ounces	6-8 fl. ounces
Infant Cereal (iron fortified), dry <sup>1, 4</sup> OR Meat, fish, poultry <sup>4</sup> , or Whole egg <sup>4</sup> , or Cooked, dry beans, peas, lentils <sup>4</sup> , or Cheese <sup>4</sup> , or Cottage cheese <sup>4</sup> , or Yogurt <sup>4,7</sup> or a combination of the above	0 0 0 0 0 0	0-4 Tbsp. 0-4 Tbsp. 0-4 Tbsp. 0-2 oz. 0-4 oz. vol. 0-4 oz.
Fruit and/or vegetable (no juice)	0	0-4 Tbsp.
<b>SNACK (supplement)</b> Infant formula (iron fortified) <sup>1</sup> or Breast Milk <sup>2-3</sup>	4-6 fl. ounces	2-4 fl. ounces
Infant Cereal (iron fortified), dry <sup>1</sup> Ready to eat breakfast cereal <sup>4,6</sup> Whole-grain or enriched bread or whole grain or enriched cracker type product <sup>4,6</sup>	0 0 0	0-4 Tbsp. 0-4 Tbsp. 0-½ Slice 0-2 crackers
Fruit and/or vegetable (no juice)	0	0-4 Tbsp.
<b>LUNCH / SUPPER</b> Infant formula (iron fortified) <sup>1</sup> or Breast Milk <sup>2-3</sup>	4-6 fl. ounces	6-8 fl. ounces
Infant Cereal (iron fortified), dry <sup>1, 4</sup> OR Meat, fish, poultry <sup>4</sup> , or Whole Egg <sup>4</sup> , or Cooked, dry beans, peas, lentils <sup>4</sup> , or Cheese <sup>4</sup> , or Cottage cheese <sup>4</sup> , or Yogurt <sup>4,7</sup> or a combination of the above	0 0 0 0 0	0-4 Tbsp. 0-4 Tbsp. 0-2 oz. 0-4 oz. vol. 0-4 oz.
Fruit and/or vegetable (no juice)	0	0-4 Tbsp.

- <sup>1</sup> Infant formula and dry infant cereal shall be iron-fortified.
- <sup>2</sup> It is recommended that breast milk be served in place of formula from birth through 11 months.
- <sup>3</sup> For some breastfed infants who regularly consume less than the minimum amount of breast milk per feeding, a serving of less than the minimum amount of breast milk may be offered, with additional breast milk offered if the infant is still hungry.
- <sup>4</sup> A serving of this component is required when the infant is developmentally ready to accept it.
- <sup>5</sup> Bread/Grains shall be made from whole-grain (WG) or enriched meal or flour.
- <sup>6</sup> Ready to eat breakfast cereals must contain no more than 6 grams of sugar per dry ounce.
- <sup>7</sup> Yogurt must contain no more than 23 grams of total sugars per 6 oz.

**Points to Remember:**

- ✓ Please write legibly and keep menu records daily, as soon as meals are served.
- ✓ Introduce solid foods when the baby is developmentally ready, but not before the age listed on meal pattern.
- ✓ Each infant must be offered the required amount of each food group at all meals; however, infants may refuse to eat.
- ✓ Only 2 meals and 1 snack OR 2 snacks and 1 meal may be claimed per child per day, depending on your approved meal pattern.
- ✓ Please ensure the Infant Menu Record is filled in completely.

I certify that the information contained in all menus / sheet(s) submitted is accurate in all respects. I realize the menus and attendance sheet(s) are being given in connection with the receipt of federal funds and that deliberate misrepresentation may result in state or federal prosecution. I am serving meals to enrolled children without discriminating on the basis of race, color, sex, age, national origin, or disability.

Initials of Care Provider: \_\_\_\_\_ Initials of Reviewer: \_\_\_\_\_

ONLY USE THIS FORM FOR INFANTS (0-12 months)

Only two meals and one snack OR two snacks and one meal may be claimed per child per day.

Rev. October 2017